

North South Game selections, and Big East All-Tournament Team selections at every position I coach (Defense, Faceoff, Goalie).

- Coached 3 Premier Lacrosse League athletes, 4 Major League Lacrosse Draft Picks, 3 National Lacrosse League draft picks, including 1st Round, 9th overall selection James Barclay.
- Named Assistant Coach for Division I USILA North South All Star Game in 2017.

IMLCA **Division I Assistant Coaches' Rep** **2020 – Present**

- Coordinate with Assistant Coaches Committee in effort to lead assistant coaches' group toward improved participation in IMLCA, more thorough & transparent communication among the assistant coaches to promote inclusion, and provide unique professional development opportunities
- 3x Speaker/Presenter at annual IMLCA Coaches Convention ('21: Fundamentals & Execution of the Faceoff Position, '20: Financial Literacy for Coaches, '18: Developing the Complete Faceoff Unit)

Binghamton University **Assistant Coach** **2012 – 2016**

- Defensive Coordinator. Faceoff Coordinator. Recruiting Coordinator. Video Coordinator. Social Media Manager.
- In 4 seasons, coached 12 America East All-Conference selections, 6 America East All-Academic honorees, & 2 USILA North-South Game participants
- Earned 2014 America East tournament bid for first time since 2011, securing the 2nd seed with 4-1 conference record, program's highest seed since 2004; Coached under 2014 America East Co-Coach of the Year.
- Recruited & coached 6 America East All-Rookie Team selections in addition to recruiting 2 players ranked in top 40 at their positions by Inside Lacrosse.
- Led Defensive unit to top 3 finish in GAA in America East in each of first 3 seasons in Binghamton (2013: 1st; 2014: 2nd)
- **Man Down Defense ranked 1st in the country in 2013 with killing percentage of 86.2%.**
- **Finished top 10 in Division I for team clearing percentage for three consecutive seasons.**

Marist College **Assistant Coach** **2010 – 2012**

- Faceoff Coordinator. Assistant Defensive Coordinator. Substitution Coordinator. Social Media Manager.
- Led squad to back-to-back MAAC semi-finals appearances.
- Guided 14 MAAC All-Academic Team honorees in two seasons, including 1 USILA Scholar All-American.
- Coached under 2011 MAAC Coach of the Year.
- Led Defense to conference-best goals against average of 8.99 per game in 2011.
- Coached Faceoff specialist Matt Dugan to 2011 FO percentage of 51.2%, improved from 45.2% the season prior.

Collegiate Playing Career

Marist College **Captain/Midfield/Faceoff** **2006 – 2010**

- Ranked 7th in Division I faceoff percentage, winning draws at a rate of 57.6% in 2009 (won 136 out of 236).
- Ranked 5th in the country for ground balls per game, averaging 6.46 per contest, amassing 84 ground balls in 2009.
- Athletic Honors: 2010 Marist Lacrosse Team MVP, 2010 Strength & Conditioning Athlete of the Year, Paul Cleary Award (heart, desire, sportsmanship), Coaches' Award (leadership, dedication, perseverance)
- Academic Honors: President's Academic Achievement Award for highest cumulative GPA among all male senior student-athletes; 3x MAAC All-Academic Team

Related Experience

Marist College **Academic Advisement Fellow** **2010 – 2012**

- Academic Advisor for student-athletes in Marist College's Center for Student-Athlete Enhancement. Direct academic contact for 10 of 23 Division I varsity programs at Marist.
- Oversaw student-athlete tutoring program and managed all student tutors for student-athletes.
- Initiated partnership with Career Athletes to provide student-athletes with invaluable career networking tools.
- Acted as community service liaison for student-athlete service.
- Analyzed student-athletes' academic transcripts for annual NCAA academic eligibility certification process.